

# Aeroflow Breastpumps

## When to Schedule an Appointment with an IBCLC

Breastfeeding is a new experience for many moms. Many moms need help learning to breastfeed. An International Board Certified Lactation Consultant (IBCLC) can help when you and/or baby are having difficulty.<sup>1</sup> Below are some signs you need to call an IBCLC:<sup>1</sup>

### Your Baby

- Baby is not latching well at discharge
- Baby lost more than 7% of their birth weight
- Baby is hard to wake up or does not wake up to eat
- Baby might have a tongue or lip tie (even if it is “mild”)
- Baby is born premature or early
- Baby requires supplementation or receives a bottle before 4 to 6 weeks

### You

- You and your baby are separated after birth
- You have cracked or sore nipples
- You had no breast changes during pregnancy
- You are using a nipple shield
- You have a history of breast surgery
- You have a history of infertility, diabetes, hypothyroidism, and/or PCOS
- You have had previous breastfeeding problems

### What If I Have Questions?

If you are interested in learning more, these Aeroflow classes expand on some of the topics discussed above:

- Ultimate Breastfeeding Prep
- Lactation Q&A

To register for these classes, log into your portal or click [here](#).

### Want More Info?

For a directory of Aeroflow's other Care Guides offering information on pregnancy, baby care, and more, browse our comprehensive list of titles:

<https://www.hersourcehealth.com/aeroflow-care-guides/>

## Reference

1. <https://med.uth.edu/lactation-foundation/when-should-i-see-an-ibclc/>